

## **FHBHRU publications with relevance to Flinders Program, use of PIH scale and CTG (Closing The Gap)**

### **Book and book chapters**

Ellis N, Sheppard DM, **Battersby M** and Clay FJ (2014) A review of self-management support for [work related] musculoskeletal pain disorders. In: Gatchel RJ and Schultz IZ (eds) *Handbook of Musculoskeletal Pain and Disability Disorders in the Workplace*. New York: Springer Science+Buisness Media, 395-416.

**Battersby MW**, Egger G and Litt J (2011) Self-management in lifestyle medicine. In: Egger G, Binns A and Rossner S (eds) *Lifestyle Medicine*. USA: McGraw-Hill Education - Europe.

**Harvey PW** and Staker J (2011) Next steps in the logic of consumer-led self-management: Translating chronic condition self-management programmes (CCSM) into lifestyle management programmes for young people. In: Merrick J (ed) *Child Health and Human Development Yearbook*. New York: Nova Science Publishers Inc., 91-98.

**Battersby MW**, Kit JA, Prideaux C, Collins JP, **Harvey P** and Mills PD (2010) Implementing the Flinders Model of self-management support with Aboriginal people who have diabetes: findings from a pilot study. In: Larson A and Lyle D (eds) *A bright future for rural health: evidence based policy and practice in rural and remote Australian*. Melbourne: Australian Rural Health Education Network (ARHEN), 31-33.

[http://www.arhen.org.au/images/publications/bright\\_future\\_13\\_apr\\_10.pdf](http://www.arhen.org.au/images/publications/bright_future_13_apr_10.pdf)

Misan G, **Harvey P**, Warren K, Fuller J and Petkov J (2010) Chronic disease self-management: a pilot training program for people with chronic conditions. In: Larson A and Lyle D (eds) *A bright future for rural health: evidence based policy and practice in rural and remote Australian*. Melbourne: Australian Rural Health Education Network (ARHEN), 13-16.

[http://www.arhen.org.au/images/publications/bright\\_future\\_13\\_apr\\_10.pdf](http://www.arhen.org.au/images/publications/bright_future_13_apr_10.pdf)

**Battersby M**, **Lawn S** and **Pols R** (2010) Conceptualisation of self-management. In: Kralik D, Paterson B and Coates V (eds), *Translating chronic illness research into practice*. UK: Blackwell Publishing, 155-201.

[http://books.google.com.au/books?hl=en&lr=&id=pECRjUB4EXIC&oi=fnd&pg=PR3&dq=Translating+chronic+illness+research+into+practice&ots=48ldJ7FuXX&sig=HGaShZLZOCqCOCU\\_6v4z8i5p3b0#v=onepage&q=Translating%20chronic%20illness%20research%20into%20practice&f=false](http://books.google.com.au/books?hl=en&lr=&id=pECRjUB4EXIC&oi=fnd&pg=PR3&dq=Translating+chronic+illness+research+into+practice&ots=48ldJ7FuXX&sig=HGaShZLZOCqCOCU_6v4z8i5p3b0#v=onepage&q=Translating%20chronic%20illness%20research%20into%20practice&f=false)

**Harvey P** and Staker J (2010) Translating chronic condition self-management programmes (CCSM) into lifestyle management programmes for young people. In: Bell E and Merrick J (eds) *Child rural health. International aspects*. New York: Nova Science.

**Lawn S** (2008) *The person's experience of chronic condition self-management: A collection of case studies*. Adelaide: Flinders Press.

## Journal articles

### 2016

Chiu TML, Tam TWK, Siu CF, Chau WPP and **Battersby M** (2017 ) Validation study of a Chinese version of Partners in Health in Hong Kong (C-PIH HK). Brief communication. *Quality of Life Research Journal* 26(1): 199-203, doi 10.1007/s11136-016-1315-5, [online 23 May 2016].

Lenferink A, Effing T, Harvey P, **Battersby M**, Frith P, van Beurden W, van der Palen J and Paap MCS (2016) Construct Validity of the Dutch Version of the 12-Item Partners in Health Scale: Measuring Patient Self-Management Behaviour and Knowledge in Patients with Chronic Obstructive Pulmonary Disease. Article. *Plos One* 11(8): 16, doi 10.1371/journal.pone.0161595.

Miller M, Zrim S, **Lawn S**, Woodman R, Leggett S, Jones L, Karapetis C, Kichenadasse G, Sukumaran S, Roy AC and Koczwara B (2016) A pilot study of self-management-based nutrition and physical activity intervention in cancer survivors. *Nutrition and Cancer*: 1-10, doi 10.1080/01635581.2016.1170169,

**Sahafi L, Smith D**, Georgiou K, Krishnan J and **Battersby M** (2016) Efficacy of the Flinders chronic condition management program in obese patients with hip or knee osteoarthritis: A study rationale and protocol. *AMJ* 9(9): 297-307, doi <http://dx.doi.org/10.4066/AMJ.2016.2658>.

### 2015

**Battersby M, Harris M, Smith D**, Reed R and Woodman R (2015) A pragmatic randomized controlled trial of the Flinders Program of chronic condition management in community health care services. *Patient education and counseling* 98(1): 1367-1375, doi <http://dx.doi.org/10.1016/j.pec.2015.06.003>.

**Harris M**, Jones P, **Heartfield M**, Allstrom M, Hancock J, **Lawn S and Battersby M** (2015) Changing practice to support self-management and recovery in mental illness: application of an implementation model. Research. *Australian Journal of Primary Health* 21(3): 279-285, doi <http://dx.doi.org/10.1071/PY13103>.

**Lawn S**, Delany T, Sweet L, **Battersby M** and Skinner T (2015) Barriers and enablers to good communication and information-sharing practices in care planning for chronic condition management. *Australian Journal of Primary Health* 21: 84-89, doi <http://dx.doi.org/10.1071/PY13087>.

Sheppard DM, Gargett S, MacKenzie A, Jull G, Johnston V, Strong J, **Battersby M** and Ellis N (2015) Implementing a self-management intervention for people with a chronic compensable musculoskeletal injury in a workers compensation context: A process evaluation. Article. *Journal*

of *Occupational Rehabilitation* 25(2): 412-422, doi 10.1007/s10926-014-9551-4, [online 11 November 2014].

## 2014

**Lawn S**, Delany T, Sweet L, **Battersby M** and Skinner T (2014 ) Control in chronic condition self-care management: how it occurs in the health worker–client relationship and implications for client empowerment. *Journal of Advanced Nursing* 70(2): 383-394, doi 10.1111/jan.12203.

## 2013

**Battersby MW**, Beattie J, **Pols RG**, **Smith DP**, Condon J and Blunden S (2013) A randomised controlled trial of the Flinders Program™ of chronic condition management in Vietnam veterans with co-morbid alcohol misuse, and psychiatric and medical conditions. *Australian and New Zealand Journal of Psychiatry* 47(5): 451-462, doi 10.1177/0004867412471977.

**Harvey P**, Petkov J, **Kowanko I**, **Helps Y** and **Battersby M** (2013) Chronic condition management and self-management in Aboriginal communities in South Australia: outcomes of a longitudinal study. *Australian Health Review* 37(2): 246-250.

<http://search.informit.com.au.ezproxy.flinders.edu.au/fullText;dn=257994676055913;res=IELHEA>

Beattie J, **Battersby MW** and **Pols RG** (2013) The acceptability and outcomes of a peer- and health-professional-led stanford self-management program for Vietnam Veterans with alcohol misuse and their partners. *Psychiatric Rehabilitation Journal* 36(4): 306-313, doi 10.1037/prj0000031.

lyngkaran P, Majoni V, Nadarajan K, Haste M, **Battersby M**, Ilton M and **Harris M** (2013) AUStralian Indigenous chronic disease optimisation study (AUSI-CDS) prospective observational cohort study to determine if an established chronic disease health care model can be used to deliver better heart failure care among remote Indigenous Australians: Proof of concept-study rationale and protocol. *Heart Lung Circulation* 22(11): 930-939, doi 10.1037/prj0000031.

<http://www.sciencedirect.com.ezproxy.flinders.edu.au/science/article/pii/S1443950613002096>

## 2012

Pulvirenti M, McMillan J and **Lawn S** (2012 ) Empowerment, patient centred care and self-management. *Health Expectations* 17(3): 303-310, doi 10.1111/j.1369-7625.2011.00757.x

## 2011

Cadilhac DA, Hoffmann S, Kilkenny M, Lindley R, Lalor E, Osborne RH and **Batterbsy M** (2011) A Phase II multicentered, single-blind, randomized, controlled trial of the stroke self-management program. *Stroke* 42(6): 1673-1679, doi 10.1161/strokeaha.110.601997.

<http://stroke.ahajournals.org/content/42/6/1673.full.pdf+html>

Reed RL, **Battersby M**, Osborne RH, Bond MJ, Howard SL, Roeger L and CDSM Res Team (2011) Protocol for a randomised controlled trial of chronic disease self-management support for older Australians with multiple chronic diseases. *Contemporary Clinical Trials* 32(6): 946-952, doi: 10.1016/j.cct.2011.08.001.

<http://www.sciencedirect.com.ezproxy.flinders.edu.au/science/article/pii/S1551714411002023#>

**Lawn S** and Lawton K (2011) Chronic condition self-management support within a respiratory nursing service. *Journal of Nursing and Healthcare of Chronic Illness* 3(4): 372-380, doi 10.1111/j.1752-9824.2011.01109.x.

**Lawn S**, McMillan J and Pulvirenti M (2011) Chronic condition self-management: expectations of responsibility. *Patient education and counseling* 84(2): e5-8, doi 10.1016/j.pec.2010.07.008.

## 2010

**Battersby MW, Harris M, Reed RL, Harvey PW, Woodman RJ and Frith P** (2010) A randomised trial of the Flinders Program to improve patient self-management competencies in a range of chronic conditions: study rationale and protocol. *Australasian Medical Journal* 1(3): 198-204, doi 10.4066/AMJ.2010. 250.

<http://www.amj.net.au/index.php?journal=AMJ&page=article&op=viewFile&path%5B%5D=250&path%5B%5D=540>

**Battersby M**, Von Korff M, Schaefer J, Davis C, Ludman E, Greene SM, Parkerton M and Wagner EH (2010) Twelve evidence-based principles for implementing self-management support in primary care. *Joint Commission journal on quality and patient safety / Joint Commission Resources* 36(12): 561-570.

**Petkov J, Harvey P and Battersby M** (2010) The internal consistency and construct validity of the partners in health scale: validation of a patient rated chronic condition self-management measure. *Quality of Life Research* 19(7): 1079-1085, doi 10.1007/s11136-010-9661-1.

Ellis N, Johnston V, Gargett S, MacKenzie A, Strong J, **Battersby M**, McLeod R, Adam K and Jull G (2010) Does self-management for return to work increase the effectiveness of vocational rehabilitation for chronic compensated musculoskeletal disorders?-Protocol for a randomised controlled trial. *BMC musculoskeletal disorders* 11(1): 115. <http://www.biomedcentral.com/1471-2474/11/115>

**Lawn S** (2010) Top tips for embedding chronic condition self-management support into practice. *Australian Journal of Primary Health* 16(4): 334-343, doi 10.1071/py09070

<http://search.informit.com.au.ezproxy.flinders.edu.au/fullText;dn=658937377189005;res=IELHEA>

**Lawn S** and Schoo A (2010) Supporting self-management of chronic health conditions: Common approaches. *Patient education and counselling* 80(2): 205-211. doi 10.1016/j.pec.2009.10.006.

<http://www.sciencedirect.com/science/article/pii/S0738399109004960>

## 2009

**Battersby M**, Hoffmann S, Cadilhac D, Osborne R, Lalor E and Lindley R (2009) 'Getting your life back on track after stroke': a Phase II multi-centered, single-blind, randomized, controlled trial of the Stroke Self-Management Program vs. the Stanford Chronic Condition Self-Management Program or standard care in stroke survivors. *International Journal of Stroke* 4(2): 137-144, doi 10.1111/j.1747-4949.2009.00261.x.

<http://onlinelibrary.wiley.com.ezproxy.flinders.edu.au/doi/10.1111/j.1747-4949.2009.00261.x/pdf>

Crotty M, Prendergast J, **Battersby M**, Rowett D, Graves S, Leach G and Giles G (2009) Self-management and peer support among people with arthritis on a hospital joint replacement waiting list: A randomized controlled list. *Osteoarthritis & Cartilage* 17: 1428-1433, doi 10.1016/j.joca.2009.05.010.

<http://www.sciencedirect.com/science/article/pii/S1063458409001460>

**Harvey PW** and Staker J (2009) Next steps in the logic of consumer-led self-management: Translating CCSM into self-management programmes for young people. *International Journal of Child Health and Human Development* 2(2): 91-96.

**Lawn S, Battersby M, Harvey P, Pols R and Ackland A** (2009) A behavioural therapy approach to self-management: The Flinders Program. *Diabetes Voice* 54: 30-32.

[http://www.mifellowship.org/pdfs/Flinders\\_Program.pdf](http://www.mifellowship.org/pdfs/Flinders_Program.pdf)

**Lawn S** (2009) Book Review: Chronic physical illness: self-management and behavioural interventions. *International Journal of Integrated Care* 9(11 March): 1-2.

<http://www.ijic.org/index.php/ijic/article/view/URN%3ANBN%3ANL%3AUI%3A10-1-100542/599>

**Lawn S, Battersby M**, Lindner H, Mathews R, Morris S, Wells L, Litt J and Reed R (2009) What skills do primary health care professionals need to provide effective self-management support? Seeking consumer perspectives. *Australian Journal of Primary Health* 15(1): 37-44, doi

<http://dx.doi.org/10.1071/PY08053>.

**Pols RG, Battersby MW**, Regan-Smith M, Markwick MJ, Lawrence J, Auret K, Carter J, Cole A, Disler P, Hased C, McGuinness C and Nguyen H (2009) Chronic condition self-management support: proposed competencies for medical students. *Chronic illness* 5(1): 7-14, doi 10.1177/1742395308098888.

**Lawn S, Pols RG and Battersby MW** (2009) Myth exploded: Working effectively with patients with comorbid mental illness and substance abuse: a case study using a structured motivational behavioural approach. *BMJ case reports* 20 March, doi 10.1136/bcr.08.2008.0674.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3027853/>

## 2008

**Pols RG and Battersby MW** (2008) Coordinated care in the management of patients with unexplained physical symptoms: depression is a key issue. Article. *Medical Journal of Australia* 188(12): S133-S137.

**Battersby MW**, Kit JA, Pridcaux C, **Harvey PW**, Coffins JP and Mills PD (2008) Implementing the flinders model of self-management support with aboriginal people who have diabetes:

Findings from a pilot study. *Australian Journal of Primary Health* 14(1): 66-74.

<http://search.informit.com.au.ezproxy.flinders.edu.au/fullText;dn=200805369;res=APAFT>

**Harvey PW**, Petkov JN, Misan G, Fuller J, **Battersby MW**, Cayetano TN, Warren K and Holmes P (2008) Self-management support and training for patients with chronic and complex conditions improves health-related behaviour and health outcomes. *Australian Health Review* 32(2): 330-338.

<http://search.proquest.com.ezproxy.flinders.edu.au/docview/231720500/fulltextPDF?accountid=10910>

**Lawn S** (2008) The person's perspective of chronic condition self-management - time to shift from rhetoric to reality. *Health Issues* Summer 2008(97): 22-24.

<http://www.healthissuescentre.org.au/documents/items/2009/03/270966-upload-00001.pdf>

## 2007

**Battersby M**, **Harvey P**, Mills PD, Kalucy E, Pols RG, Frith PA, McDonald P, Esterman A, Tsourtos G, Donato R, Pearce R and McGowan C (2007) SA HealthPlus: A controlled trial of a statewide application of a generic model of chronic illness care. *Milbank Quarterly* 85(1): 37-67, doi 10.1111/j.1468-0009.2007.00476.x.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2690310/pdf/milq0085-0037.pdf>

**Harvey PW** and Docherty BM (2007) Sisyphus and self-management: the chronic condition self-management paradox. *Australian Health Review* 31(2): 184-192.

<http://search.proquest.com.ezproxy.flinders.edu.au/docview/231778950/fulltextPDF?accountid=10910>

**Lawn S**, **Battersby MW**, **Pols RG**, Lawrence J, Parry T and Urukalo M (2007) The mental health expert patient: Findings from a pilot study of a generic chronic condition self-management programme for people with mental illness. *International Journal of Social Psychiatry* 53(1): 63-74, doi 10.1177/0020764007075010.

<http://isp.sagepub.com.ezproxy.flinders.edu.au/content/53/1/63.full.pdf+html>

**Battersby M** (2007) Das selbstmanagement – Modell der Flinders University. *Managed Care* 2: 23-26. [http://www.fmc.ch/uploads/tx\\_userzsarchiv/10-das\\_selbstmanagem\\_online.pdf](http://www.fmc.ch/uploads/tx_userzsarchiv/10-das_selbstmanagem_online.pdf)

## 2006

**Lawn S**, **Battersby MW** and **Pols RG** (2006) Self-management of chronic conditions: Everybody's business. *South Australian Public Health Bulletin* 3: 23-25.

<http://www.dh.sa.gov.au/pehs/publications/PHB-chron-disease-ed3-06.pdf>

Regan-Smith M, Hirschmann K, Iobst W and **Battersby M** (2006) Teaching residents chronic disease management using the Flinders model. *Journal of Cancer Education* 21(2): 60-62, doi 10.1207/s15430154jce2102\_4.



**Battersby MW** (2006) A risk worth taking. *Chronic Illness* 2(4): 265-269, doi 10.1177/17423953060020040601.

**Pols RG and Battersby MW** (2006) Chronic condition self-management: is there a need for a specific curriculum for medical students? *Medical Education* 40(8): 719-721, doi 10.1207/s15430154jce2102\_4.

## 2005

**Battersby MW** and SA HealthPlus team (2005) Health reform through coordinated care: SA HealthPlus. *British Medical Journal* 330: 662-665.

<http://www.bmj.com/content/bmj/330/7492/662.full.pdf>

## 2003

**Battersby MW**, Ask A, M Reece M, J Markwick M and P Collins J (2003) The Partners in Health scale: The development and psychometric properties of a generic assessment scale for chronic condition self-management. *Australian Journal of Primary Health* 9(3): 41-52, doi

<http://dx.doi.org/10.1071/PY03022>.

Ah Kit J, Prideaux C, **Harvey PW**, Collins J, **Battersby MW** and Mills PD (2003) Chronic disease self-management in Aboriginal communities: Towards a sustainable program of care in rural communities. *Australian Journal of Primary Health* 9(2&3): 168-176.

<http://dx.doi.org/10.1071/PY03043>

## 2001

**Battersby M**, Ask A, Reece M, Markwick M and Collins J (2001) A case study using the "Problems and Goals Approach" in a coordinated care trial: SA HealthPlus. *Australian Journal of Primary Health* 7(3): 45-48, doi: <http://dx.doi.org/10.1071/PY01045>

**Battersby MW**, McDonald P, Pearce R, Tolchard B and Allen K (2001) The changing attitudes of health professionals and consumers towards a coordinated care trial - SA HealthPlus. *Australian Health Review* 24(2): 172-178.

[http://www.publish.csiro.au/?act=view\\_file&file\\_id=AH010172a.pdf](http://www.publish.csiro.au/?act=view_file&file_id=AH010172a.pdf)

## Other outputs

**Flinders Human Behaviour & Health Research Unit** (2012) The Flinders Program of Chronic Condition Self-Management: Information Paper. FHBHRU.

[http://www.flinders.edu.au/medicine/fms/sites/FHBHRU/documents/Flinders%20Program%20Information%20Paper\\_M.pdf](http://www.flinders.edu.au/medicine/fms/sites/FHBHRU/documents/Flinders%20Program%20Information%20Paper_M.pdf)

**Kowanko I, Helps Y, Harvey P, Battersby M, McCurry B, Carbine R, Boyd J and Abdulla O** (2012) *Chronic condition management strategies in Aboriginal communities*. Final Report, Flinders University and the Aboriginal Health Council of South Australia, Flinders University, Bedford Park, SA. [PDF](#)

**Flinders Human Behaviour & Health Research Unit** (2009) *The Flinders Program. DVD (Created for the Flinders Living Well Program developed for the South Australian Department of Health's 'Do It for Life' Program.)*. Flinders Human Behaviour & Health Research Unit, Bedford Park, SA

**Lawn S and Battersby M** (2009) *Capabilities for supporting prevention and chronic condition self-management: A resource for educators of primary health care professionals*. Australian Government Department of Health and Ageing. Flinders Human Behaviour and Health Research Unit, Flinders University, Bedford Park, SA.

**Hood C, Skurray P, Battersby MW and Lawn S** (2009) *Evaluation of the flinders risk assessment tool and the Flinders model living well tools for self-management support, ongoing tool development and supervision*. Report submitted to Department of Health SA, June. [http://www.preventativehealth.org.au/internet/preventativehealth/publishing.nsf/Content/submissions-public-cnt-ef/\\$File/D511-2008.pdf](http://www.preventativehealth.org.au/internet/preventativehealth/publishing.nsf/Content/submissions-public-cnt-ef/$File/D511-2008.pdf)

**Hood C, Sulda H and Battersby M** (2008) *The development of an integrated training program for prevention and self-management of chronic condition for the South Australian workforce*. Final Report, Flinders Human Behaviour and Health Research Unit., Bedford Park. (Hard copy available).

**Flinders Human Behaviour & Health Research Unit** (2008) *Flinders model self-management support for the prevention of chronic conditions certificate of competence workshop program manual*.

**Battersby M, Lawn S, Wells L, Morris S, Wong T, Lindner H, Matthews R, Reed R and Litt J** (2008) *An analysis of training and information options to support chronic disease prevention and self-management in primary health care*. Final Report on needs assessment, training audit and gaps analysis, Flinders Human Behaviour & Health Research Unit for the Commonwealth Department of Health and Ageing, Flinders University.

**Martin A, Hood C, Lawrence-Wood E and Battersby M** (2007) *Allied health professions and chronic condition self-management*. Final Report, Submitted to the Commonwealth Department of Health and Ageing, Adelaide, South Australia, February 2007. (Hard copy and PDF available).

**Battersby M, Markwick MJ, Otte J and Lawrence J** (2005) *COPER and Flinders Model Self-Management Project - Final Report*. Commonwealth Department of Health and Ageing, October.

**Battersby MW and Lawrence J** (2004) *Chronic Condition Self-Management: The Flinders Model - Outcomes of the SA Statewide CDSM Projects - PowerPoint Presentation*.



## External publications with relevance to Flinders Program

Chan J, McBurney H and Bell L (2014) A pilot study to assess the efficacy of the Flinders program of chronic condition self-management on the health and wellbeing of haemodialysis patients. *Renal Society of Australasia Journal* 10(2): 66-74

McKimmie M (2014) Health coaches to help mentally ill. *The West Australian, Health +Medicine*, 16 July.

Lenferink A, Frith P, van der Valk P, Buckman J, Sladek R, Cafarella P, van der Palen J and Effing T (2013) A self-management approach using self-initiated action plans for symptoms with ongoing nurse support in patients with Chronic Obstructive Pulmonary Disease (COPD) and comorbidities: The COPE-III study protocol. *Contemporary Clinical Trials* 36(1): 81-89, doi <http://dx.doi.org/10.1016/j.cct.2013.06.003>.

Lorig K, Ritter PL, Plant K, Laurent DD, Kelly P and Rowe S (2012) The South Australia health chronic disease self-management internet trial. *Health Education & Behavior* 40(1): 67-77, doi 10.1177/1090198112436969.

Roy DE, Mahony F, Horsburgh M and Bycroft J (2011) Partnering in primary care in New Zealand: clients' and nurses' experience of the Flinders Program™ in the management of long-term conditions. Original Article. *Journal of Nursing and Healthcare of Chronic Illness* 3(2): 140-149, doi 10.1111/j.1752-9824.2011.01088.x.

Horsburgh M, Bycroft J, Roy D, Miller D and Donnell E (2010) Practice Nurses use the Flinders Model with Older People. The University of Auckland, Auckland.

Horsburgh M, Goodyear-Smith F, Bycroft J, Mahony F, Roy D, Miller D and Donnell E (2010) Lessons learnt from attempting to assess the evidence base for a complex intervention introduced into New Zealand general practice. Quality Improvement Report. *Quality & Safety in Health Care* 19(5), doi 10.1136/qshc.2009.034439.

Horsburgh MP, Bycroft JJ, Goodyear-Smith F, Roy D, Mahony F, Donnell E and Miller D (2010) The Flinders Program™ of chronic condition self-management in new Zealand: survey findings. *Journal of Primary Health Care* 2(4): 288-293.

Horsburgh MP, Bycroft JJ, Mahony F, Roy D, Miller D, Goodyear-Smith F and Donnell E (2010) The feasibility of assessing the Flinders Program™ of patient self-management in new Zealand primary care settings. *Journal of Primary Health Care* 2(4): 294-302.

Nieman LZ (2009) Chronic condition self-management and two teaching models for chronic conditions. Comment;. *Chronic illness* 5(1): 15-17, doi 10.1177/1742395309102239.

VIC Health (2009) *Common models of chronic disease self-management support: Fact sheet for primary care partnerships*. Available at: <http://www.health.vic.gov.au/pch/downloads/factsheet08.pdf>.

Fotu M and Tafa T (2009) The Popao model: a Pacific recovery and strength concept in mental

health. *Pacific Health Dialog* 15(1): 164-170.

Glasgow NJ, Jeon YH, Kraus SG and Pearce-Brown CL (2008) Chronic disease self-management support: the way forward for Australia. Article. *Medical Journal of Australia* 189(10): S14-S16.

Jordan JE, Briggs AM, Brand CA and Osborne RH (2008) Enhancing patient engagement in chronic disease self-management support initiatives in Australia: the need for an integrated approach. Article. *Medical Journal of Australia* 189(10): S9-S13.

Nolte E, Knai C and McKee M (2008) *Managing chronic conditions: Experience in eight countries*. Observatory Studies Series No. 15, European Observatory on Health Systems and Policies, Copenhagen, Denmark.

Francis CF, Feyer AM and Smith BJ (2007) Implementing chronic disease self-management in community settings: lessons from Australian demonstration projects. Article. *Australian Health Review* 31(4): 499-509.

Kubin N KJ (2007) *Navigating self-management. A practical approach to implementation for Australian health care agencies*. Whitehorse Division of General Practice.